

- 1992 - 1995 Leadership & Mentor Program Development - Women's Outdoor Challenges, Inc., Sunapee, New Hampshire
- 1992 - 1995 Program Development & Staff Training - New Hampshire Teen Institute, Inc., Concord
- 1991 - 1995 North Country Regional Coordinator for "The Challenge Course" - NH non-profit drug and alcohol intervention program for teens & families
- 1992 - 1995 Winter Mountaineering Guide & Beginning Rock Climbing Instruction - Eastern Mountain Sports Climbing School, North Conway, NH
- 1987 - 1992 Outward Bound Master Instructor for 28-&y Wilderness Treatment for Chemical Dependency Beech Hill Hospital, Dublin, New Hampshire
- 1984 - 1995 Master Instructor specialized in Health Educators & Corporate Team Building North Carolina Outward Bound School, Morganton, NC
- July 1992 Member of 30 facilitator team serving the Frontier School of Mid-Wifery Hyden, Kentucky for Creative Education Consultants of Ely, MN
- 1987 - 1988 Outdoor Program Therapist - Cedar Springs Psychiatric Hospital - Colorado Springs, Colorado
- 1884 - 1985 Student advisor to Residential Life Department - Ohio University, Athens

OTHER INTERESTING INFORMATION

- 1993 Finished in top 10 women racers of the very first Race-to-the-Face Top Notch Triathlon in Franconia, NH
- 1990 - 93 Co-founder of UpCountry Arts a non-profit community arts program now part of the North Country Arts Alliance
- 1989 - 91 Co-created studio art classes for Beech Hill Hospital at their Coach House Studio location in Dublin, NH
- 1987 Established "Arts for Seniors Program" as part of Medallion Residential Home in Colorado Springs, CO
- 1986 Initiated an International Exchange for Art Therapists in Switzerland and completed clinical internship
- 1986 Traveled Abroad with Ohio University Art Department Independent Studies Program in England, Wales, Scotland
- 1985 Completed Clinical Art Therapy Internship with David C. Wilson Hospital in Charlottesville, Virginia
- 1983 - 84 Assisted with establishing Arts as Rehabilitation in Hocking Correctional Facility of Athens, OH
- 1983 - 85 Advertising Graphic Designer for The Post; an Independent Student Newspaper of Athens, OH
- 1983 - 84 Research Assistant Ohio University Graduate Psychology Department Athens, OH
- 1983 - 84 Founder and Director of the Student Art Therapy Organization at Ohio University
- Published material: "*THE USE OF EXPRESSIVE ARTS WITH LEADERSHIP DEVELOPMENT*",
The Journal for Experiential Education, Spring 1992

Married 20 years, as of Nov. 13, 2008, and mother of two children ages 10 & 12

~ Enjoyments include parenting, backcountry skiing, winter camping, gardening, photography, sewing ~